



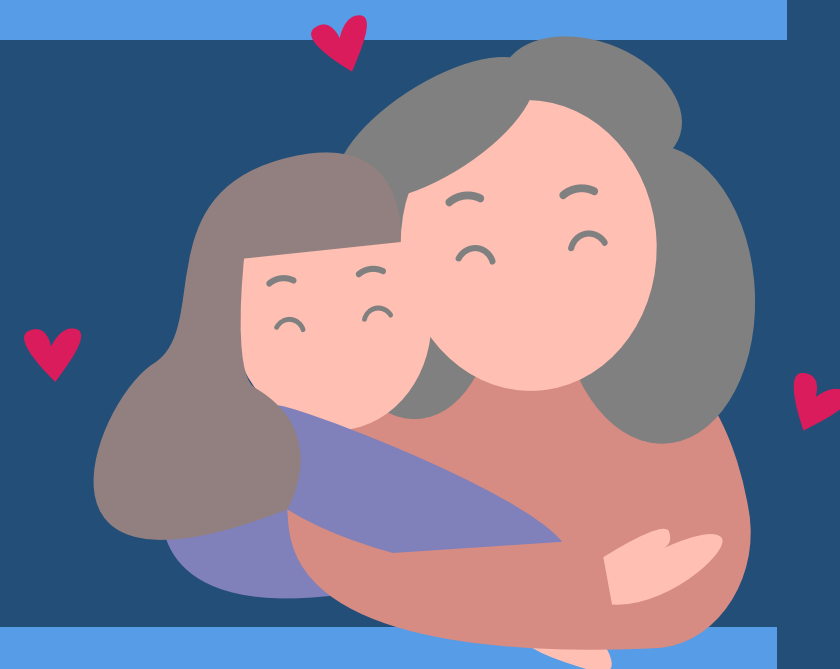
Update and news on the NTC project!

National research



As part of the NTC project, all project partners conducted a national desk and literature research, as well as interviews and surveys with young mothers and other experts on the current situation of support for young mothers in each country.

Maternity, paternity and parental leave are in place in all European countries but the regulations are very different. In countries like Iceland and the Netherlands the model is designed to gain the maximum equality in sharing care and household work between mothers and fathers, while in other countries mothers are left very much on their own to care for their young children, and household chores, thus putting a lot of pressure on them.



The existing formal supports are mostly geared at mother and baby health, with emphasis on the baby, not the mother. Existing informal supports are very diverse, unregulated, not based on research or reliable information. Some of the supports like mother and baby groups are effective and good but they often target middle class mothers. The dominant culture still sees motherhood as the main aspect of womanhood, framing it as the apogee of a woman's existence. Motherhood is portrayed as a valued, fulfilling, and happy experience.



2ND NEWSLETTER, DECEMBER 2022

The cyber space creates a useful outlet for mothers to congregate around their maternal experience but can be alienating and toxic as well. Learning to navigate it is an important skill to learn, currently not taught anywhere.

Art and community space provide a very healthy respite from intense, conflicting and limiting popular culture and cyber space in terms of processing the maternal experience and creating a space for more authentic expressions of what motherhood actually is and feels like.

Find out more on our website:

needtoconnect.eu



Share your opinion and experiences with us and participate in the project!



Contact:

info@cis-es.org



2nd transnational partner meeting

On the 4-5th of October 2022 the partners met together in Sofia, Bulgaria. They used this chance to discuss the future development of the project, its activities and training curriculum and guarantee the best possible quality.



Vilnius University



Co-funded by
the European Union

The European Commission support for the production of this publication does not constitute an endorsement of the contents which reflects the views only of the authors, and the commission cannot be held responsible for any use which may be made of the information contained therein.