#### **1ST NEWSLETTER, MARCH 2022**



# Start of the Need to Connect project!

#### Who are we?

The NTC project connects partners from Iceland, Bulgaria, Italy, Lithuania, the Netherlands, Slovenia and Spain.

On the 18th of January all partners came together to officially launch the project and start developing the planned activities!

### What is the NTC project?

The Need to Connect project aims to fight loneliness, to empower and connect young mothers, between 18 and 30 eyars old, through arts education and to build a sustainable national community platform and network in all partner countries.

> The meeting was hosted by the project coordinator. Einurd. in Reykjavík. Iceland



Due to COVID-19 restrictions the meeting was attended in person and online





#### Loneliness in the European Union

According to a report from the European Commission in 2021, single households have been increasing across the EU since 2010and that negative feelings ("downhearted", "tense", "lonely") among the European populations have risen due to the COVID-19 pandemic.

Young mothers are one of the groups especially at risk of experiencing loneliness: They are often isolated from their peers, stay at home and have no a limited social life.

The Need to Connect project aims to tackle this loneliness and support them in building a closer connection to others and their surroundings through a national network and a community platform.



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## Launch of our website

More information can also be found on our website, available in English, Icelandic, Bulgarian, Italian, Lithuanian, Dutch, Slovenian and Spanish. The website includes information on the project's objectives, the planned results and activities, as well as links to all partner organisations.





Share your opinion and experiences with us and

participate in the project!

#### Find us online!



facebook.com/needtoconnectproject



Need to Connect



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