



SESYCARE

Build Entrepreneurship Skills to Young CAREgivers of people with chronic illness

GOOD PRACTICES

FOR YOUNG

CARERS

Co-funded by the
Erasmus+ Programme
of the European Union



PARTNERS



ASSOCIATED PARTNERS



WHAT IS THE PROJECT ABOUT ?



Young carers are children or young people who look after family members who are ill or have disabilities. They take over similar caregiving responsibilities to those of adult family carers and need special support.

The purpose of this project is to summarize the body of knowledge about young carers' lives with a special focus on their personal experiences, the impact of caring, needs and coping behaviors and offer specific social entrepreneurship education and offer social entrepreneurship activities among such a vulnerable group.



WHAT IS THE PROJECT ABOUT ?



Young carers are often hidden, forgotten or ignored by policymakers and service providers at national and local levels.

They do not feature in the literature on community care, family care, and children's rights; and young carers' experiences and needs are not explicitly recognized in social and family policies. The long-term implications of caregiving responsibilities on young carers' health or psycho-social development need to be further documented.

Several studies according to the European umbrella association Eurocarers reported that many young people in families with chronically ill members are highly involved in caring. Due to this responsibility, they spend most of their time at home. Although the caregiving experiences are pervasive, young people conceal the conditions of their relatives from others. They also do not want to be identified as young carers. Thus, their social experiences are limited. These children or adolescents would like to live a "normal life". They prioritize their family member's needs over their own.

WHAT IS THE PROJECT ABOUT ?

Those young people need professional support, which recognizes the real needs of their family members. A social entrepreneur is a person who pursues novel applications that have the potential to solve community-

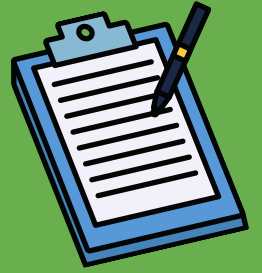


-based problems. These individuals are willing to take on the risk and effort to create positive changes in society through their initiatives. A social entrepreneur is interested in starting a business for greater social good and not just the pursuit of profits. It is not rare that people who have a family history of illness in their family become aware of community-based problems. Several reviews show that since 2007 the situation of affected children and adolescents has achieved an important place in international research. Based on the included studies, it is possible to identify theoretical models that help to describe and explain the phenomenon of young carers.

In order to provide appropriate support and interventions, it is of importance for the professionals to know and consider that a family-oriented perspective is vital. We will focus on offering social entrepreneurial skills and inform them about EU funded opportunities and training for young people who wish to develop their social entrepreneurship.

EPIONI

AWARENESS CAMPAIGN



DESCRIPTION:

EPIONI on September the 28th 2018, organized at the office of the European Parliament in Athens, a conference focusing on young caregivers. The event was under the auspices of the Ministry of Health in Greece, the World Federation for Mental Health, the Hellenic Psychiatric Association, and the European Brain Council. The Commission advocates the introduction of a new entitlement for caregivers, which includes a five-days compensated Carers leave per worker per year, which should be compensated no less than a compensated sick leave. Additionally, the Commission advocates the entitlement of flexible working arrangements for the same reason, said the European Commissioner for Health and Food Safety Vytenis Andriukaitis. In the conference, prominent scientists such as Professor of Psychiatry George Christodoulou, Dr Dimitrios Kontis, Dr Kalliopi Panagiotopoulou, Mr. Panagiotis Chondros from NGO EPAPSY, Dr George Pavlidis from the University of Sheffield and Mr Alexandros Oikonomou from NGO EDRA gave insights about long term care. Other prominent speakers included Mr Stecy Yghemonos, Executive Director of Eurocarers, Mrs Miia Männikkö, President of EUFAMI and Professor Peykan Gokalp from Turkey.

The event which had the support of the European Parliament office in Greece and the European Commission Representation in Greece gave the opportunity to caregivers such as Mrs Dragana Kistner from Germany and Mrs Stefania Buoni, president and founder of COMIP from Italy to share their personal experiences and discuss the challenges involved in caregiving. Mr Lorenzo Mannu shared his experience from the perspective of civil service in Italy. The conference was organized by EPIONI with the support of MEP from the Czech Republic, Mr Tomas Zdechovsky (Welcome Speech), former MEP Mr Nikos Chrysogelos and MEP from Greece Mrs Kostadinka Kuneva. Former minister of Education and Health Mrs Marietta Giannakou delivered a welcome speech. We would like to thank Interamerican, Pharmaserve Lilly and AMKE Aegeas for their generous support and www.psychologynow.gr, www.socialpolicy.gr and www.iatronet.gr for being the media sponsors.

AWARENESS EVENT AT THE OFFICE OF THE EUROPEAN PARLIAMENT IN ATHENS

WHAT IS THE TYPE OF THE INTERVENTION:

1

AWARENESS CAMPAIGN

National Level



2

EDUCATIONAL

National/Regional/European/International



3

OTHER

National/Regional/European/International



4

RESEARCH PROJECT



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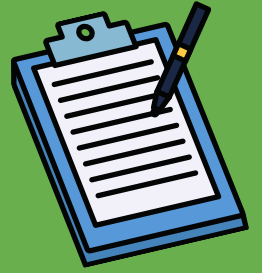
: <https://epioni.gr/fr/>



: Greece

Growing Social Entrepreneurs

AWARNESS CAMPAIGN



DESCRIPTION:

For the fifth consecutive year, the “Life Skills: Growing Social Entrepreneurs” program taking place in Greece invites students and teachers to discover the concept of social entrepreneurship and to participate in the competition of the same name, claiming the prizes of this year’s cycle of the program.

Participation in the competition gives both teachers and students the opportunity to envision and present the idea of their own virtual social enterprise, to attend additional training in presentation techniques, and to claim prizes in gift-checks worth a total of € 2,000 , which will be shared by students and teachers as follows:1st prize 1100 € = 800 € for the students & 300 € for the teacher

2nd prize 600 € = 400 € for the students & 200 € for the teacher

3rd prize 300 € = 200 € for the students & 100 € for the teacher

The Competition is addressed to students of General Lyceums, Vocational Lyceums, Vocational Schools, Second Chance Schools and Public Vocational Schools.

The deadline for submission of proposals is Wednesday 28 April 2021. The best and most complete proposals will be invited to take part in the final stage of the competition that will take place before a relevant jury at the end of May 2021, claiming the prizes of the competition.

The Life Skills: Developing Social Entrepreneurs program is approved by the Ministry of Education, Research and Religion, and is supported by HSBC, in collaboration with the Labor Organization.

What do teachers need to do to take part in the competition?

After the implementation of the program in the classrooms by the teachers themselves and the formation of the relevant groups for the creation of the proposals, any group of students wishes, can submit their idea, by filling in and sending us the Participation Form, with its description of their social enterprise, by Wednesday 28 April 2021. Then the best ideas, in terms of innovation, creativity and achieving the main goals of social enterprise, will be invited to present their idea at the final event of the program that will be held online next May . The jury will be composed of experts in the Social & Solidarity Economy. For more information you can visit the program website www.britishcouncil.gr/life-skills.

“LIFE SKILLS: GROWING SOCIAL ENTREPRENEURS”

WHAT IS THE TYPE OF THE INTERVENTION:

1

AWARENESS CAMPAIGN



2

EDUCATIONAL



3

OTHER



4

RESEARCH PROJECT



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: britishcouncil.gr/life-skills



: Greece

C2E Project

AWARNESS CAMPAIGN



DESCRIPTION:

It is estimated that there are more than 100 million carers in Europe today. According to the Erasmus+ funded Care2Work project young carers face a number of barriers when accessing education, training and employment. The same research suggests that young carers develop a number of soft skills and competencies (interpersonal, practical) that with the right support can lead them into the development of their own entrepreneurial business.

C2E is a youth-led, transnational project that will develop, test and implement innovative practices in a much neglected area in the field of youth. Social entrepreneurial competences, such as business and strategic planning with a social dimension, will be the main pillar of the capacity building course curriculum to be developed for the young potential entrepreneurs of C2E. The coordinator, The IARS International Institute, is a user-led and user-focused charity in the UK.

The KMOP Social Action and Innovation Centre, one of the oldest Greek NGOs with more than 35 years of accumulated experience in the provision of services to disadvantaged groups.

Asociatia Habilitas - Centru de Resurse si Formare Profesionala, an Association that was created in 2007 with the aim to contribute to the development of adult and youth education in Romania.

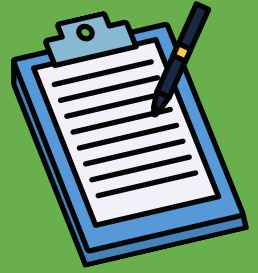
Anziani e Non Solo, an Italian NGO working since 2004 in the field of social innovation, with a specific focus on management of project and realization of services and products in the field of welfare and social inclusion.

DIESIS coop, a non-profit European Research and Development Service for the Social Economy, Cooperatives and participative Enterprises located in Belgium.

IARS held an informal event with students from the Institute of Development Studies to disseminate the work of the C2E project. This was held in a private working space in Brighton on the 6th April 2019, with thirteen participants in total, not including the coordinator. The ages ranged from 21-45 years old, with the median age of the young people being 23 and median age of those who had worked with young people being 32. Anziani e non solo organised 5 workshop for professionals working with young people and young people on the theme of entrepreneurship education as tool for supporting young carers.

C2E Project

AWARNESS CAMPAIGN



DESCRIPTION:

The 22 and 23 of January, the 6th of February and the 16th of April 2019, a total of 50 young people, of which 12 were also young carers participated in 3 different workshops for implementing their entrepreneurship abilities and developing an entrepreneurship mentality. The 7th of November 2018 and the 24th of January, a total of 17 professionals, in particular social workers and teachers, participated in 2 workshops for learning how to implement entrepreneurship capacities of young carers.

Construct new training curricula and courses (online and face to face) for young carers that will allow them to develop the necessary skills, knowledge and competences to become young entrepreneurs.

Test and implement training material in the UK, Greece, Italy, Romania and Belgium and use the comparative learning for informing national and EU-wide practices and policies.

On 28-31 January 2019 the piloting of the C2E workshops took place in Bucharest, Romania, organized by Asociatia Habilitas CRFP, Young carers and professionals learned information about the care process, social entrepreneurship, how to elaborate a business plan, examples of successful social businesses.

KMOP organised workshops with professionals and young carers that took place in Athens on 6 and 7 February 2019. Most of the participants were members of the EPIONI network, the Greek carers network, an organisation that KMOP is in close collaboration, regarding carers issues.

On 5-8 February 2019 Diesis organized the piloting of the C2E workshops in Belgium. The training was held in Legacoop office based in Brussels, with 10 participants in total, not including Diesis staff. The piloting training was attended to 5 young carers (age between 21-25 years) and 5 professionals working directly with young carers (age between 29-43 years).

C2E PROJECT

WHAT IS THE TYPE OF THE INTERVENTION:

1

AWARENESS CAMPAIGN



2

EDUCATIONAL



3

OTHER

4

RESEARCH PROJECT



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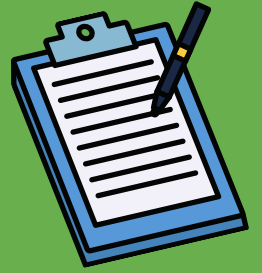
: c2eproject.org



: UK, Italy, Romania, Greece and Belgium

Consorzio SGS

AWARNESS CAMPAIGN



DESCRIPTION:

Promoting social enterprise is an essential mission of Consorzio SGS. Since the beginning of its activity, to achieve this important goal, Consorzio SGS activated elaborated an important activity named "Tutoring".

Tutoring is an innovative activity. Through the use of tested operating models and many years of experience, represents an important opportunity for potential new operators in the sector and a possible opportunity for innovation for traditional managers. Our consortium's members are able to carry out complex initiatives for the construction and management of social and health structures both directly and by involving local and national operators.

Experience, widespread presence on the national territory and financial capacity are a guarantee of success for our initiatives.

Tutoring offers these services: economic-financial feasibility study; social-health building design; drafting of technical-organizational management projects; constant supervision of service quality and customer satisfaction; development and implementation of management and IT control systems; training; legal and administrative advice. Especially dedicated to young people, this activity offer to young people th eoportunity to be supported in creating their own company and the possibility to work inside an important economic sector.

Besides, in partnership with local municipalities, Consorzio SGS promoted many projects to support occupation and vocational courses to qualify skilled professionals for its cooperatives.

TUTORING

WHAT IS THE TYPE OF THE INTERVENTION:

1

AWARENESS CAMPAIGN

2

EDUCATIONAL



3

OTHER

4

RESEARCH PROJECT



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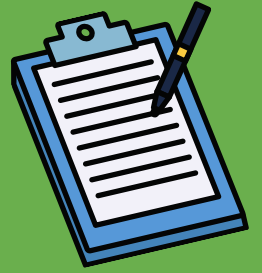
: consorziosgs.eu



: Italy

OTSIMO

AWARNESS CAMPAIGN



DESCRIPTION:

Otsimo is an application that offers educational opportunity to autistic individuals at home so that they can have a more comfortable life. Otsimo is brought to life by Aldoru Gürdelik, Zafer Elcik and Sercan Değirmenci. Otsimo wants to change the lives of individuals with autism in developing and underdeveloped countries given that there is lack of access to relevant education and lack of funding. It makes easy to caregivers or families of autistic individuals and saves their time through developing open-source games and educational applications.

This online application is an internationally certified and award-winning educational game application developed under the supervision of child psychologists and trainers to support the education of children with autism spectrum disorder, down syndrome and learning difficulties at home.

It is aimed to teach basic information such as letters, numbers, colors, animals and objects to children with learning difficulties and focusing problems through selection, matching, sequencing, drawing and audio games developed with the Applied Behavior Analysis technique (ABA). Otsimo, which can be downloaded to tablets and phones, helps your child attend inclusive schools.

Otsimo consists of two separate platforms reserved for children and their families. The Kids section includes a variety of educational games that are opened in a specific order according to your child's age and education level, as well as a Supportive and Alternative Communication System (AAC) for children with speech difficulties. The individually shaped curriculum adapts to the mental development of children. Kids section is free of distractions, including ads and purchase options.

In the family section, it is the platform where you can review your child's development reports and configure education settings. Through the family platform, you can access articles about autism, down syndrome and other special needs and have full access to your child's education.

TITLE OF GOOD PRACTICE

WHAT IS THE TYPE OF THE INTERVENTION:

1

AWARENESS CAMPAIGN

2

EDUCATIONAL



3

OTHER

4

RESEARCH PROJECT



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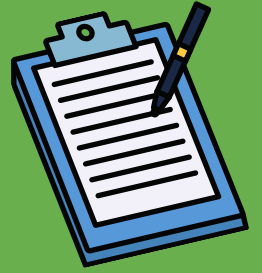
: otsimo.com/en



: Turkey

PinGOin

AWARNESS CAMPAIGN



DESCRIPTION:

PinGOin is a social entrepreneurship that aims to inform users about the accessibility of places such as restaurants, cinemas, shopping malls, by listing suitable places for wheelchair users, visually and hearing-impaired people, as well as child, baby, and animal owners. It is a website that help people to socialize according to the type and location of the places they want to go to.

It uses 'Detailed Place Pinning Form' that contains questions about the physical properties and service policies of the places so that it is possible to determine how accessible the places based on national and international accessibility standards.

The PinGOin goal is to increase the number of venues on the website so that it will serve the social benefit of creating diversity among accessible venues. In addition, the PinGOin team of interior architects and psychologists offers consultancy services to businesses that want to make their spaces more accessible. With the volunteer network the PinGOin aims to create, they raise social awareness and remove the obstacles to creating barrier-free cities. The motto of PinGOin is that "everyone has the right to access social spaces". The PinGOin is sponsored by European Union and Turkish government working towards eliminating barriers that prevent accessibility and socialization for everyone. PinGOin works to raise awareness about places, establishes system that provides information about its accessibility, and works towards improving the accessibility and comfortability of places to everyone.

TITLE OF GOOD PRACTICE

WHAT IS THE TYPE OF THE INTERVENTION:

1

AWARENESS CAMPAIGN



2

EDUCATIONAL

3

OTHER



4

RESEARCH PROJECT



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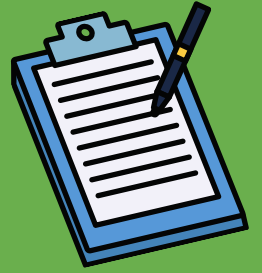
: pingoin.net/pingoin



: Turkey

FreePark

AWARNESS CAMPAIGN



DESCRIPTION:

Freepark is an application developed to prevent the occupation of parking areas allotted for individuals with disabilities. The idea is initiated considering parking as a huge problem in the world, where drivers are forced to spend on average 20 min to find an empty parking spot. As in many countries, in Turkey also finding a free parking lot or preserving your reserved parking from being occupied causes loss of time and fuel. Even if you have a reserved parking spot in a building or business center, it may not be prevented from being occupied by other people.

:

Freepark is a hardware and software solution that creates reservable parking spaces. Thus, Freepark is a social entrepreneurship that was developed to protect parking areas through using Freepark Smart Parking Barriers. One of the advantages is that it saves time and fuel.

Another advantage of Freepark Smart Parking Barrier is that it can be integrated with existing software and management system for corporate firms by using Freepark Rest API. Besides, preventing the occupation of parking lots allotted for individuals with disabilities through remote system can be done by Freepark Smart Parking Barrier.

Missions : For personal use, Freepark Smart Parking Lock enables you to authorize anyone you want to park in your reserved parking spot by using a smartphone or a web panel.

For corporate use, Freepark Smart Parking Lock can be integrated by using Rest API and can work together with your firm's existing software and management system.

For special needs parking, individuals can own Freepark Smart Parking Lock for special needs parking in the building and there is no need to worry about checking people's disabled ID cards.

FREEPARK

WHAT IS THE TYPE OF THE INTERVENTION:

1

AWARENESS CAMPAIGN



2

EDUCATIONAL

3

OTHER



4

RESEARCH PROJECT



: aselemo@gelisim.edu.tr



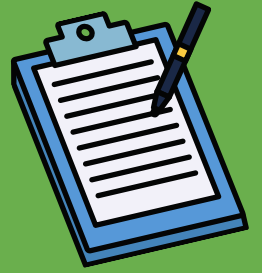
: freepark.co/en/home



: Turkey

Family Carers Ireland

AWARNESS CAMPAIGN



DESCRIPTION:

It is estimated that there are more than 100 million carers in Europe today. Family Carers Ireland is a national charity supporter which helps family carers across the country. They care «for loved ones such as children or adults with physical or intellectual disabilities, frail older people, those with palliative care needs or those living with chronic illnesses, mental ill-health or addiction»

In order to help families in providing round the clock care, assisting in personal hygiene/cleaning, taking a family member to appointments and regularly visiting and going on social outings, they provide a range of services and support through a network of Support Centers. These centers are available in all Ireland; local, regional and national level.

Careers have a telephone line available from 9am to 8pm on weekdays and on Saturdays from 10am to midnight, in order to ask for information, advice and support of any kind.

In these centres, appointments are made with Carer Support Managers to support carers in their role.

Their aim is to make life easier for carers in their daily lives. Feeling listened to and understood is of primary importance. But also to help carers to find good logistics for their routine in order to optimise their time and to relieve them.

They want family carers to be fully recognised, supported and empowered. Thus, highlighting their contribution to Irish society so that every carer can find help to improve their lives.

FAMILY CARERS IRELAND GROUPS FOR YOUNG CAREGIVERS

WHAT IS THE TYPE OF THE INTERVENTION:

1

AWARENESS CAMPAIGN

National/Regional



2

EDUCATIONAL

National/Regional



3

OTHER

4

RESEARCH PROJECT



: careline@familycarers.ie



: familycarers.ie



: Ireland

Young Caregivers

AWARENESS CAMPAIGN



DESCRIPTION:

Young Caregivers association is a Canadian association which supports the empowerment and potential of young caregivers and their families. "As the first young caregiver program in Canada and the established Canadian expert organization in supporting young caregivers, this Canadian NGO has evolved over the years. With a dedication to research informed practice and collaboration across Canada, it was decided that it was time for a new identity in order to expand their reach." According to the Young caregivers association their strategic plan 2019/2023 will include:

Expansion of programs and services across Canada, no matter where they live.
Works to enhance recognition and support of young caregivers and their families
Some Value Statements of the Young caregivers association include :
Resilience, caring, quality, integrity, learning.

YOUNG CAREGIVERS

WHAT IS THE TYPE OF THE INTERVENTION:

1

AWARENESS CAMPAIGN



2

EDUCATIONAL

3

OTHER

4

RESEARCH PROJECT



: info@youngcaregivers.ca



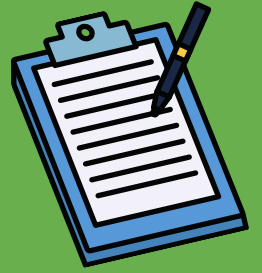
: youngcaregivers.ca



: Canada

Association Française des aidants

AWARNESS CAMPAIGN



DESCRIPTION:

The French Association of Caregivers campaigns for the recognition of caregivers without distinction related to age, pathology, disability or dependence of the loved one. It therefore intends to defend a societal project working for the recognition and consideration of young caregivers in an emancipatory vision and advocating for responses adapted to the situation and expectations of young people.

In order to offer a better consideration and a possible support to young caregivers in France, the association works in a partnership approach, transversal and decompartmentalized, divided into 4 fields of action: Young caregivers can share their experience (young caregiver, former young caregivers or observer of a situation) they can be invited to speak in projects, research or studies on this subject.

1. Knowing

To know who the young caregivers are, to know their situations, to know their needs, to know their joys, their difficulties. To know better sociologically, statistically, and to know the realities of individual situations.

2. To make known

Based on the knowledge acquired, make this public, its problems and its needs known at different levels, within different bodies and with different partners and institutions.

3. Recognize

To succeed in gaining recognition. That the political and decision-making actors recognize this subject as a social issue, that the different social actors recognize (thanks to the knowledge) the situations referring to the problem of young carers and finally, that the young carers themselves can, if they wish, recognize themselves as being young carers.

4. Accompany

Accompany young caregivers with all the actions that can be proposed to them. These actions should be multiple and varied in order to circumvent the different needs and, if necessary, the different expectations of these young people.

THE FRENCH ASSOCIATION OF CAREGIVERS AND YOUNG CAREGIVERS: A SOCIETAL PROJECT

WHAT IS THE TYPE OF THE INTERVENTION:

1

AWARENESS CAMPAIGN



2

EDUCATIONAL



3

OTHER



4

RESEARCH PROJECT



: aide@aidants.fr



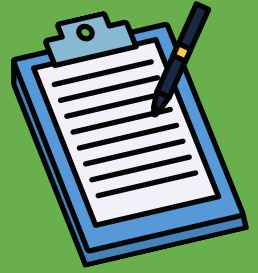
: aidants.fr



: France

YSEP

AWARNESS CAMPAIGN



DESCRIPTION:

The “Youth Social Entrepreneurs Potential” project aims to enable young people, who want to develop their business ideas while generating a positive “return to society”, to develop their social entrepreneurship skills and critical thinking. It also focuses on helping them to acquire the required competences to identify and value the resources of their local cultural and natural heritage.

The project is coordinated by the NGO “Resopa” which is a non formal education organization based in Gerzat, France. Its main objectives are :

- Promote a common understanding of the field of social entrepreneurship by exploring different concepts, formats, and models of social entrepreneurship

- Facilitate the transfer of good practices and ideas from social enterprises, strengthen community spirit and increase the motivation of young people to participate in society by creating a set of existing local social entrepreneurship initiatives

- Helping young people, regardless of their backgrounds, statuses or educational levels, to learn how they can detect local needs and use their cultural and environmental heritage to launch a social initiative. This will be achieved by creating a European training methodology for Youth (modules, training, learning materials)

- Developing young people’s entrepreneurial skills to identify resources and business opportunities within the local community and enhance cultural heritage, social and environmental skills, as well as the basic and cross-cutting skills, language and numerical skills

- Share best practices and ideas on social economy initiatives in communities and create a best practice manual as a result of all project activities

- They also aim to offer training and empowerment to children, young people, people over 65, but also to organisations and their employees.

- All this by participating in projects/activities or B2B collaborations.

THE “YOUTH SOCIAL ENTREPRENEURS POTENTIAL” PROJECT

WHAT IS THE TYPE OF THE INTERVENTION:

1

AWARENESS CAMPAIGN



2

EDUCATIONAL



3

OTHER

4

RESEARCH PROJECT



: info@intermediakt.org



: ysep4youth.eu



: Greece

DELOITTE

AWARENESS CAMPAIGN



DESCRIPTION:

The “Youth Social Entrepreneurs Potential” project aims to enable young people, who want to develop their business ideas while generating a positive “return to society”, to develop their social entrepreneurship skills and critical thinking. It also focuses on helping them to acquire the required competences to identify and value the resources of their local cultural and natural heritage.

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A CORPORATE FOUNDATION SUPPORTS SOCIAL ENTREPRENEURSHIP FOR YOUNG PEOPLE IN FRANCE

WHAT IS THE TYPE OF THE INTERVENTION:

1

AWARENESS CAMPAIGN



2

EDUCATIONAL



3

OTHER



4

RESEARCH PROJECT



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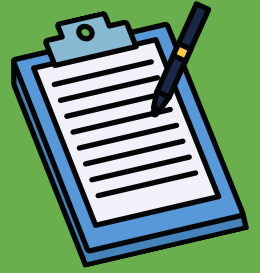
: www2.deloitte.com/fondation



: France and UK

CARERS WA

AWARENESS CAMPAIGN



DESCRIPTION:

"Carers WA is the peak body that represents the needs and interests of carers, including young carers, in Western Australia. They work to achieve an improved quality of life for family carers in Western Australia.

Carers WA is a non-profit, community based organisation and registered charity dedicated to improving the lives of the estimated 230,000 family carers living in Western Australia. Part of the National Network of Carers Associations, they are the peak body recognised by both State and Federal governments as the voice of family carers. Carers WA represents carers, including young carers interests in the Western Australian community.

Their role is to work in active partnership with carers, persons with care and support needs, health professionals, service providers, government and the wider community to achieve an improved quality of life for carers."

Missions : General community engagement activities include:

Presentations and information sessions that can be delivered in-person or via Zoom video conferencing platform and tailored in length between 30 minutes – 1 hour.

Keynote presentations at community and industry events and expos

Stand/stall participation at local and state conferences and expos

Grass roots activations and community information 'pop-ups' with the Carers WA Community Engagement van

Attendance at community and government network events, forums and meetings

THE NGO CARERS WA SUPPORTS THE NEEDS AND INTERESTS OF CARERS IN WESTERN AUSTRALIA

WHAT IS THE TYPE OF THE INTERVENTION:

1

AWARENESS CAMPAIGN



2

EDUCATIONAL



3

OTHER



4

RESEARCH PROJECT



: info@carerswa.asn.au



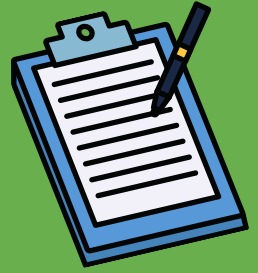
: www.carerswa.asn.au



: Australia

ME-WE

AWARENESS CAMPAIGN



DESCRIPTION:

Childhood is commonly seen as a protected and responsibility-free stage of life where adults are “in charge” and provide care, while children are primarily beneficiaries of care. Yet, for a number of children and adolescents across Europe, this is far from being true as they find themselves providing – sometimes very intensive levels of - care to a family member/friend in need of support (because of illness, disability, addiction, etc.) and have to assume responsibilities that would be more fitting for an adult.

What do young carers do?

Practical tasks

(e.g. cooking, housework and shopping); Physical care (e.g. helping someone out of bed); Emotional support (e.g. talking to someone who is distressed);

Personal care (e.g. helping someone dress); Managing the family budget and collecting prescriptions; Helping to give medicine; Helping someone communicate;

Looking after brothers and sisters

The overall goal of the project is to strengthen the resilience of Adolescent Young Carers in transition to adulthood (15-17 years old) in order to impact positively on their mental health and well-being and to mitigate the negative influence of psychosocial and environmental factors in their lives.

To systematise knowledge on adolescent young carers in six European countries (Sweden, Slovenia, Italy, Netherlands, Switzerland and UK) by (a) identifying their profiles, needs and preferences; b) analysing national policy, legal and service frameworks and (c) reviewing good practices, social innovations and evidence;

To co-design, develop and evaluate together with adolescent young carers, a framework of effective and multicomponent psychosocial interventions for primary prevention and focused on improving their mental health and well-being, to be tailored to each country contexts;

To carry out wide knowledge translation actions for dissemination, awareness promotion and advocacy, by spreading results among relevant stakeholders at national, European and international level.

ME-WE SUPPORTS SOCIAL ENTREPRENEURSHIP FOR YOUNG PEOPLE IN EUROPE

WHAT IS THE TYPE OF THE INTERVENTION:

1

AWARENESS CAMPAIGN



2

EDUCATIONAL



3

OTHER



4

RESEARCH PROJECT



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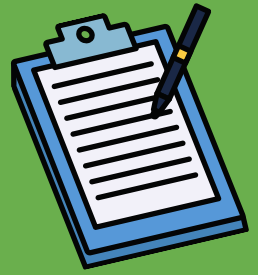
: me-we.eu/wp-content/uploads/2019/Me-We-European-brief.pdf



: Europe (Italy, Belgium, Switzerland, Netherlands, Slovenia, Sweden, UK)

Journey to Work

AWARENESS CAMPAIGN



DESCRIPTION:

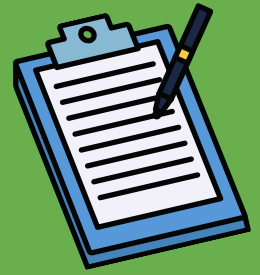
Journey to Work is a Scottish-Dutch collaboration, between the Dutch Foundation of Innovation Welfare 2 Work (DFW2W) (<https://www.dutchfoundationofinnovationwelfare2work.com/>) and Werkcenter Scotland which is built on award winning good practices Future Move (2012) and Future Move II (2014 -Solving youth unemployment? <https://www.euronews.com/2013/07/15/solving-youth-unemployment>). The Scottish especially requested to start up a similar youth employment scheme in Scotland.

In order to address structural causes of youth unemployment we have designed Journey to Work. Joblessness lasting more than 6 months is a major factor preventing young people from getting (re)hired, with potentially grave consequences: lost production, increased social spending, decreased tax revenue and slower growth. On a personal level the impact on the young job seeker is no less devastating and includes; loss of confidence & self-reliance, depending on social benefits, etc. In any given month, a newly jobless young worker has about 20 to 30 % chance of finding a new job. By the time s/he has been out of work for 6 months, though, the chance drops to 1 in 10. The skills mismatch on youth labour markets has become a persistent & growing trend.

Many of these young people are not only early-school leavers, lacking qualifications, relevant skills & work experience but more & more it affects third-level graduates who cannot find a first job. Nordström/Skans (2011) show that an unemployment spell of more than 51 days subsequent graduation increases the probability of unemployment 5 years later. By request of the Scottish Government (SG) & Edinburgh Capital City Partnership (CCP), Skills Development Scotland (SDS), Ingeus & the Joined Up for Jobs network we will do anything in our power to support recent graduates from VET-schools in their Journey to Work. That's why Werkcenter Scotland in collaboration with Dutch Foundation of Innovation Welfare 2 Work has submitted an Erasmus+ already submitted 6 KA1 project applications. Currently Journey to work 5 is in progress.

Journey to Work

AWARENESS CAMPAIGN



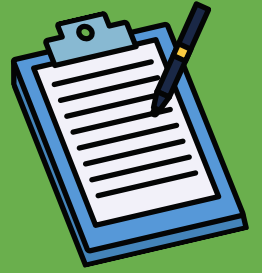
DESCRIPTION:

Journey to Work, a collaboration of Werkcenter Scotland (WS), its Model, the 1-2-3 methodology ("EU Good Practice 2006, 2012 & 2014") and Dutch Foundation of Innovation Welfare 2 Work (DFW2W), delivers work experience to recent graduates from VET schools as they are asked by potential employers about their work experience before they even have the chance to obtain any work experience.

The approach of WS & the host organisation DFW2W is to support & guide recent graduates in getting & improving new knowledge, skills & qualifications to facilitate personal development & responsibility to obtain basic work experience & qualifications and/or participation on the local, national and EU labor market. A fresh Italian Partner CPA, will join the project. DFW2W is a very experienced partner and has been our partner in YfEj, From Work to Work, JTW 1,2,3 and 4 and is specifically chosen for their apprenticeships and specialization in the Dutch Rotterdam area and the Green Heart inside the Randstad area. DFW2W has an educational social inclusion approach & they use person-centered planning & action-based learning processes. DFW2W has a very broad range of apprenticeships in the fields of Welfare, Work, Income, Health & Care & Public Affairs. WS will tackle passivity, youth unemployment in JTW5 & aim to reduce the number of recent graduates without a job on a small scale. We place recent graduates on a structured JTW. WS & DFW2W both have extensive international experience with similar successful projects. CPA is a very experienced player as well.

Journey to Work

AWARENESS CAMPAIGN



DESCRIPTION:

The 1-2-3 Methodology of WS has 3 phases:

Assessment(1): 4-8 weeks (Preparation)

Development(2): 6 weeks (apprenticeship)

Job Mediation(3): 4-20 weeks (Job Mediation)

In the assessment phase the preparation training JTW5 takes place. This is required to get the recent graduates from VET-schools ready for the internships abroad, a young person who demonstrates correct behaviour will be rewarded and allowed to the Development Phase abroad Holland or Italy. This is then followed up by a further intensive Welfare to Work programme delivered by CCP & the Joined Up for Jobs network, SDS & Ingeus on the young person's return to Scotland.

If you want to know more about the key success elements of this Good practise click here: <https://fromworktowork.wordpress.com/2018/08/02/the-key-success-elements-of-the-journey-to-work-programme/>

For Testimonials, click here:

- The Journey of Jamie Alexander: <https://fromworktowork.wordpress.com/2018/01/22/the-journey-of-jamie-alexander-the-impact-of-going-dutch/>
- From Boy to Man: <https://fromworktowork.wordpress.com/2018/07/31/from-boy-to-man-a-journey-to-work/>
- A testimonial from Ally: <https://fromworktowork.wordpress.com/2018/08/31/a-testimonial-from-ally/>
- A Blog – Keep Calm and Go Dutch: <https://fromworktowork.wordpress.com/2017/05/05/a-blog-keep-calm-and-go-dutch/>
- Going Dutch Blog: <https://fromworktowork.wordpress.com/2016/08/05/going-dutch-blog/>
- Entrepreneurial Tips and Tricks - Lessons Learnt from Journey to Work: <https://fromworktowork.wordpress.com/2021/07/16/entrepreneurial-tips-and-tricks-lessons-learnt-from-journey-to-work/>
- Journey to Work - Solving Young Jobs Puzzle: <https://fromworktowork.wordpress.com/2021/07/23/journey-to-work-solving-the-young-jobs-puzzle/>
- Rebecca's Journey: How is it going? <https://fromworktowork.wordpress.com/2021/07/28/rebeccas-journey-how-it-is-going/>

Keep following this website for more testimonials !

JOURNEY TO WORK

WHAT IS THE TYPE OF THE INTERVENTION:

1

AWARENESS CAMPAIGN



2

EDUCATIONAL



3

OTHER

4

RESEARCH PROJECT



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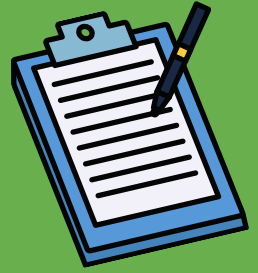
: fromworktowork.wordpress.com



: United Kingdom

Werkcenter Model

AWARENESS CAMPAIGN



DESCRIPTION:

From Work to Work

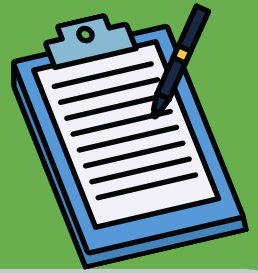
The Werkcenter International philosophy is 'From Work to Work; that's the way it works', a comprehensive local approach which is taken up to regional, national & international level where Werkcenter International is the centre of the re-entry of young people on benefits to a work situation. Werkcenter International is aligned to encourage (learning to) start-up, (self-)employment & job search at all stages.

Through a simple structured approach, it improves the position of young unemployed people in the jobs market immediately, while at the same time improving their long-term employability. The Werkcenter approach is based on, while development of individual working skills is vital, that it can only be delivered when young people have access to meaningful work. That is where Werkcenter comes in. Werkcenter jobs are not simulated but offer real and varied work.

What started as a local (Werkcenter Papendrecht - 2005) approach expanded to a national approach (Werkcenter Nederland 2007), which finally resulted in an international approach (Werkcenter International – 2009). The policy of WS is: deliver a constructive contribution to the improvement of the social position of young unemployed people & the unemployed in general through work and entrepreneurship. The WS philosophy is 'From Work to Work' is aligned to encourage (learning to) start-up, (self-)employment & job search at all stages. Through a simple structured approach, it improves the position of young unemployed people in the jobs market immediately, while at the same time improving their long-term employability.

Werkcenter Model

AWARENESS CAMPAIGN



DESCRIPTION:

Outline of Werkcenter programme / activities and approaches used

- Gatekeeper
- Fast all of the above approach
- 'Everybody can do something' is better than everybody must do something
- Everybody who can work gets an job offer
- No thresholds, (multicultural) life coaching, job coaching, job hunting, preventive illness/absent culture policy,
- Regular labour is better than simulated labour
- Full worthy job, full worthy salary (salaries = 120 % of benefit), stands above simulated labouring (=work with a benefit)
- Zero hour contract: the more you work the more you earn
- Responsibility is better than to much care ('betutteling')
- Opportunities above boundaries
- '2nd chance principle
- Win-win-situation for all (municipality, employer, employee, Werkcenter, social partners and society

1-2-3 Methodology

1)Assessment

Quick Scans , job interviews (Apps) E Guide, Homework

Assignments, Expectations,

CV's, Workshops (Mindset)

2) Development Phase

Working, with Personal Job coaching in (an) actual Work (placement)

3) Job Mediation/placement Phase

Job interviews with employers and working outside the Werkcenter

The work experience model and its 1-2-3 methodology has been established in May 29th 2005 in the Dutch municipality of Papendrecht (a city close to Rotterdam). This innovative 'Work Experience Model' has been used in more than 250 municipalities (that is half of all municipalities, including the big cities of Amsterdam & Rotterdam) in the Netherlands. Through the years the Werkcenter approach also added digital professional guidance for the young jobseeker.

WERKCENTER MODEL

WHAT IS THE TYPE OF THE INTERVENTION:

1

AWARENESS CAMPAIGN



2

EDUCATIONAL



3

OTHER

4

RESEARCH PROJECT



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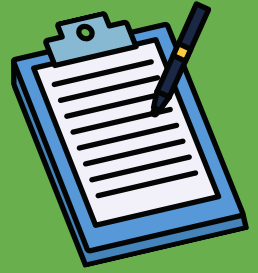
: werkcenterinternational.wordpress.com



: Netherlands

NetMe-In

AWARENESS CAMPAIGN



DESCRIPTION:

In 40 milliseconds, we're able to draw conclusions about people based on a photo... That's less than one-half of one-tenth of a second. Wow! People do not realize that they need to be their own brand, how being the brand impacts the way you get a job, keep a job and do business'.

Youtube: The Brand I Part 1: <https://www.youtube.com/watch?v=Wn2XuQU-ifs>
 Online personal branding: social media profiles creation is absolutely essential. Young people usually do not realize that they need to be their own brand, how being the brand impacts the way you get a job, keep a job and do business'. Today is the age of the individual: 'I'. So it becomes more important to create and shape your personal #Brand '#I'.

By creating and completing your profile is a very important step
 Youtube: The Brand I Part 2: <https://www.youtube.com/watch?v=QXWNxpJUDN0>
 The main goal of the Brand I, which was a part of the NetMe-In Project is to support young people far from employment (such as potential NEETs) finding their place in the Job Market by including them in appropriate Professional Social Networks (PSNs), managing efficiently their Digital professional Identity (DPI) and supporting them through more efficient accompaniment networks. The access to NEETs is not easy; they are often far from the usual circuits.

Youtube: The Brand I Part 3: <https://www.youtube.com/watch?v=NVTtwBWMGhU>
 NetMe-In has chosen to work with the usual (and less usual) "intermediaries" who can have access to these Young people in difficulties, and are able to help them to get back on track into the "Journey to work".

NETME-IN

WHAT IS THE TYPE OF THE INTERVENTION:

1

AWARENESS CAMPAIGN



2

EDUCATIONAL



3

OTHER

4

RESEARCH PROJECT



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